

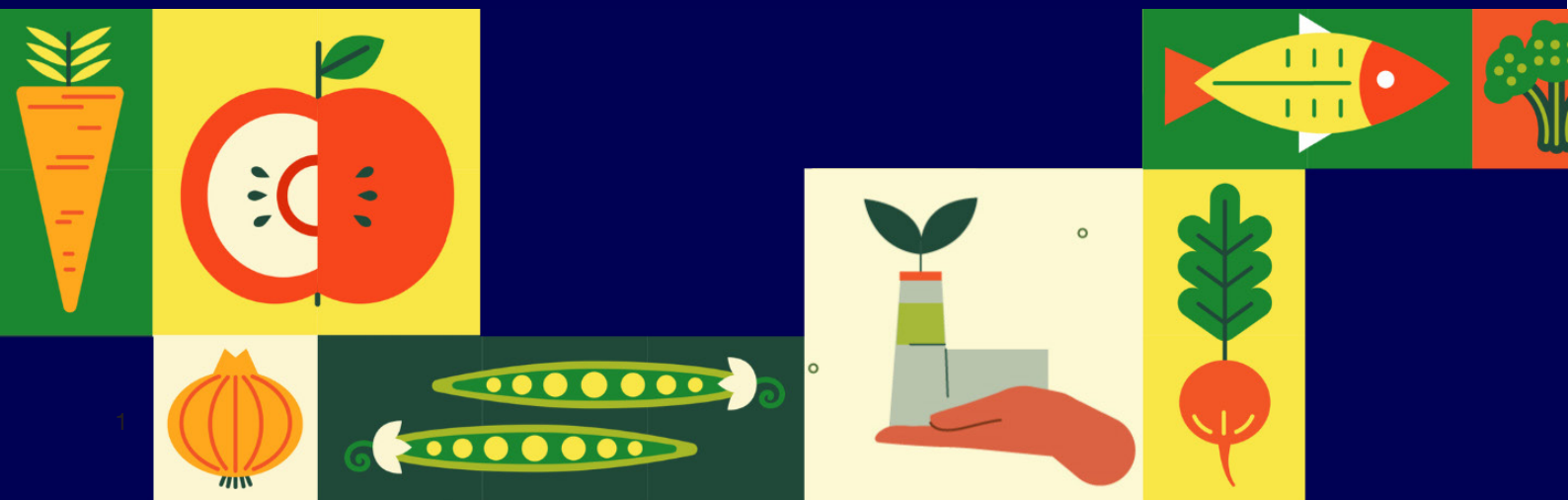
# Food for Thought: Pioneering the Future of Food

27 Nov 2023 - 28 Nov 2023

*Event Program*



An Engaging for Impact Event  
by RMIT's Enabling Impact Platforms



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## Acknowledgement of Country

*RMIT University acknowledges the people of the Woi wurrung and Boon wurrung language groups of the eastern Kulin Nation on whose unceded lands we conduct the business of the University. RMIT University respectfully acknowledges their Ancestors and Elders, past and present. RMIT also acknowledges the Traditional Custodians and their Ancestors of the lands and waters across Australia where we conduct our business.*

# An Engaging for Impact Event by RMIT's Enabling Impact Platforms

RMIT delivers significant impact on the big issues that matter through its unique Enabling Impact Platforms.

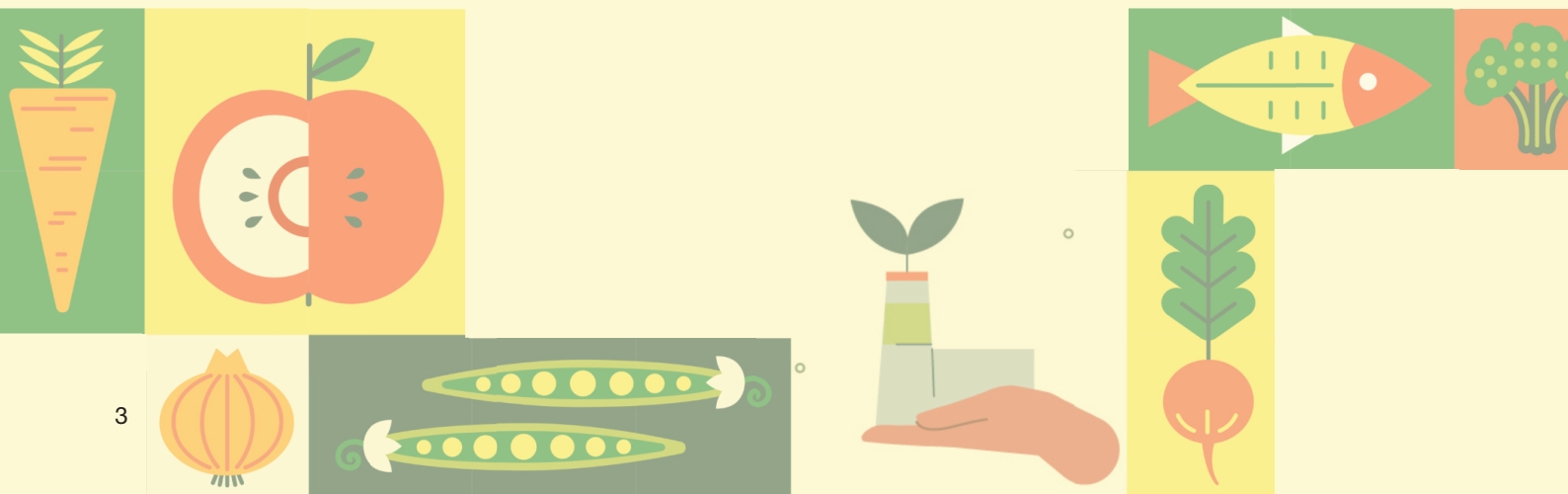
Our unique approach allows RMIT to rapidly bring together interdisciplinary research teams, together with our external partners in industry, government, community and academia, to address complex problems in high priority research areas.

RMIT's eight Enabling Impact Platforms work collaboratively with RMIT's research community across multiple Schools and Colleges, supported by RMIT's extensive capability in research partnerships, translation and services.

Explore our Enabling Impact Platforms by clicking [here](#).



Thank you to the Fight Food Waste Collaborative Research Centre for your sponsorship of this event



# Helpful Information

## Getting to the venues

### RMIT City campus

Day One Venue: Swanston Academic Building (SAB), Building 80, Level 3, 435-457 Swanston Street, Melbourne, VIC 3000, RMIT City campus

The RMIT University website provides details on several ways you can get to our event venue. This includes public transport (train, tram and bus), Google maps as well as nearby carparks. Here are some links to help you get there.

- [Public Transport](#) (scroll right down the webpage until you see the heading, 'Transport' to view links to see, which trains, buses and trams can get you there).
- [Carparks near the RMIT City campus](#).
- [Download the City campus mobility map \(pdf\)](#).

### Bundoora West campus

Day Two Venue: Building 224 Lecture Theatre, Plenty Road, Bundoora.

The campus is located on Plenty Road between Bundoora and Mill Park. Both the East and West sides of the campus can be accessed from the closest major freeway, the Metropolitan Ring Road (M80). Please note the Bundoora East campus is on the other side of Plenty Road and to avoid entering this campus.

Note: To avoid confusion, enter the Bundoora West campus via Clements Road or McKimmies Road (both roads are off Plenty Road). If you are travelling by taxi, it has been known for many to be confused with La Trobe University, which is also located on Plenty Road, Bundoora however, RMIT Bundoora West is more north than La Trobe University.

- [Public Transport](#) (scroll right down the webpage until you see the heading, 'Transport' to view links to see, which trains, buses and trams can get you there).
- [Carparks are available on site at the Bundoora West campus](#). Click onto the 'Bundoora campus' heading when you open this link to the RMIT webpage.
- Car park fees apply at the Bundoora West campus. We use the EasyPark app to ensure an easy and quick way to pay your parking fees. [Download the EasyPark app here](#). Casual parking is \$6.00 for a full day, \$4.40 for four hours and \$2.20 hourly.
- Instructions on how to use the EasyPark app.
  1. Register Once.
  2. Once you have parked, enter the parking area code (which will be visible on signs and parking ticket machines located at all car park spots) or select it from the map on the EasyPark app.
  3. Enter your vehicle registration number, select an end time and start parking.
  4. You will receive a reminder on your phone 15 minutes before your parking time is up and if you need longer, you can choose to extend your session.
  5. When leaving the parking area, simply click on stop parking and only pay for the time you have used.
- [Download the Bundoora campus mobility map \(pdf\)](#).

# Day 1, Monday 27 November 2023

## City Campus

Swanston Academic Building (SAB)

Building 80, 435-457 Swanston Street, Melbourne

\* Please note: that entry to the Lecture Theatre (080.02.007) is via Level 3.

8:45<sup>AM</sup> - 9:30<sup>AM</sup>

**Event Registration Open**

Level 3 Foyer

9:30<sup>AM</sup> - 9:50<sup>AM</sup>

**Acknowledgment of Country and Event Opening**

Lecture Theatre 080.02.007\*

Acknowledgment of Country - Prof. Xavier Mulet and Prof. Lisa Given (RMIT University)  
Event Opening - Vice Chancellor and President Prof Alec Cameron (RMIT University)

9:50<sup>AM</sup> - 10:45<sup>AM</sup>

**Opening Plenary Session: 'Good Food' for the Future**

Lecture Theatre 080.02.007\*

Chair: Distinguished Prof Magdalena Plebanski (RMIT University)

Speakers: Prof Catherine Itsiopoulos (RMIT University), A/Prof Peter Torley (RMIT University), Dr Oliver Vodeb (RMIT University), Kelly Donati (William Angliss Institute), Dr Steve Lapidge (Fight Food Waste), Dr Regine Stockmann (CSIRO)

In this opening plenary session, our diverse panel of RMIT and industry experts address the question, 'What does a 'good food' future look like?'

10:45<sup>AM</sup> - 11:15<sup>AM</sup>

**Morning Tea Break** (*Poster Session*)

Level 3 Foyer

11:15<sup>AM</sup> - 12:00<sup>PM</sup>

**Theme 1: Food for Social Change and Connectedness**

This theme explores the role of food in fostering social change and connectedness. It contains two parallel sessions and a keynote presentation.

11:15<sup>AM</sup> - 12:00<sup>PM</sup>

**Parallel Session 1**

080.02.007

The role of Fight Food Waste CRC in actioning and facilitating interdisciplinary and multi-stakeholder food waste research, collaboration and practice.

Chair: A/Prof Simon Lockrey (RMIT University and Fight Food Waste CRC)

Panel: Emil Kroell (Stop Food Waste, Australia), Emily Dunstan (Sustainability Victoria), Victor Barichello (Empauer), and Dr Bhavna Middha (RMIT University)

**Parallel Session 2**

080.03.015

Dynamic social norms, consumer nudging and decision making in food systems.

Chair: Dr Helen Addison-Smith (RMIT University)

Panel: Tobias Otterbring (University of Agder), Henrik Siepelmeyer (University of Agder), Mar Moure (University of Copenhagen)

12:00<sup>PM</sup> - 1:00<sup>PM</sup>

**Plenary Session: Edible Cities**

Lecture Theatre 080.02.007\*

Chair: Professor Robin Goodman (RMIT University)

Speaker: Prof Michael Buxton (RMIT University)

In this keynote on Edible Cities, Prof Buxton discusses how urban sprawl is eating into productive farmland on the periphery of Australia's cities, leaving the nation ill-prepared to weather future (food) crises. This session will also discuss the importance of connecting urban and regional planning to planning for food futures.

# Day 1 (con't)

1:00 <sup>PM</sup> - 2:00 <sup>PM</sup>	<b>Lunch Break</b> ( <i>Poster Session</i> ) <span style="float: right;">Level 3 Foyer</span>		
2:00 <sup>PM</sup> - 3:45 <sup>PM</sup>	<b>Theme 2: Food for Health and Wellbeing</b> This theme explores the role that food plays in improving our health and wellbeing. It contains three parallel sessions, each with two sections. Each section features a range of speakers, followed by a consolidated Q&A.		
	<b>Parallel Session 1</b> 080.03.006 <b>Food Hitchhikers: The Good, the Bad, and the Ugly</b> <i>Chair: Prof Rajaraman Eri</i>	<b>Parallel Session 2</b> 080.02.002 <b>Food as Medicine across the Lifespan: The Wisdom of the Ages</b> <i>Chair: Distinguished Prof Magdalena Plebanski</i>	<b>Parallel Session 3</b> 080.03.015 <b>Food, Mental Health, and Exercise: Entwined Pillars of Health</b> <i>Chair: Dr Natalie Jovanovski</i>
SECTION ONE	<u>Speakers:</u> 2.10 - Prof Roger Stanley (University of Tasmania) 2.15 - Mr Gordon Edwards (Health Food Symmetry) 2.20 - Dr Nuwan Vithanage (CSIRO)  <i>Approx 30 min consolidated Q&amp;A</i>	<u>Speakers</u> 2.10 - Prof Linda Brennan (RMIT University) 2.15 - Ashleigh Powell (Flinders University) and Prof Con Stavros (RMIT University) 2.20 - Dr Sanjeewa (Prad) Wijayaratne and Prof Mike Reid (RMIT University) 2.25 - Dr April Kartikasari (RMIT University)  <i>Approx 30 min consolidated Q&amp;A</i>	<u>Speakers</u> 2.10 - A/Prof Zhen Zheng (RMIT University) 2.15 - Dr Carolynne White (Mind Australia) 2.20 - Dr Yang Yap (RMIT University) 2.25 - Louise Wigg (RMIT University/Body of Wellbeing)  <i>Approx 30 min consolidated Q&amp;A</i>
	SECTION TWO	<u>Speakers:</u> 2.55 - Dr Snehal Jadhav (CSIRO) 3.00 - Dr Penny Brotja (RMIT University) 3.05 - Dr Maria Hoertrich (Monde Nissin) 3.10 - Dr Jennifer Boer (RMIT University)  <i>Approx 30 min consolidated Q&amp;A</i>	<u>Speakers:</u> 2.55 - Prof Sarah Spencer (RMIT University) 3.00 - Dr Thi Thu Hao (RMIT University) 3.05 - Prof Roger Stanley (University of Tasmania) 3.10 - Mr Gordon Edwards (Health Food Symmetry) Kim Tikellis (Coles)  <i>Approx 30 min consolidated Q&amp;A</i>
3:45 <sup>PM</sup> - 4:15 <sup>PM</sup>		<b>Afternoon Tea Break</b> ( <i>Poster Session</i> ) <span style="float: right;">Level 3 Foyer</span>	
4:15 <sup>PM</sup> - 5:30 <sup>PM</sup>	<b>Big Question Session: "What is Healthy Food?"</b> <span style="float: right;">Lecture Theatre 080.02.007*</span> <u>Chair:</u> Prof Lisa Given (RMIT University) <u>Speakers:</u> Prof Rajaraman Eri (RMIT University), Dr Matthew Selinske (RMIT University), Dr Rebecca Olive (RMIT University), Keren Allen (United Nations SDG2Advocacy), and Danni Rowlands (The Butterfly Foundation)  In this big question session, our speakers explore what 'healthy food' means to them, coming from areas as diverse as gut health, physical health, mental health, community health, and planetary health.		
6:30 <sup>PM</sup> - Late	<b>Evening Food Experience</b> ( <i>by invitation only</i> )		

\* Please note: that Entry to the Lecture Theatre (080.02.007) is via Level 3.

**Day 2, Tuesday 28 November 2023**

**Bundoora West Campus**

Building 224, Plenty Road, Bundoora

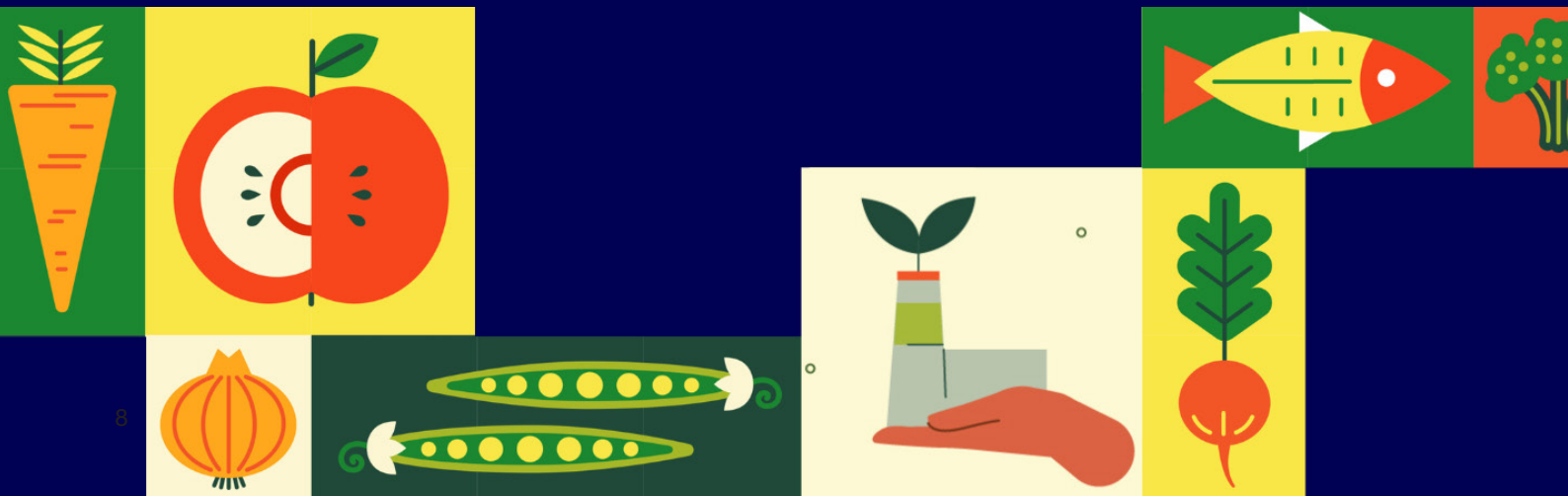
9:00 <sup>AM</sup> - 9:30 <sup>AM</sup>	<b>Event Registration Open</b>	Foyer
9:30 <sup>AM</sup> - 9:50 <sup>AM</sup>	<b>Acknowledgement of Country and Day 2 Opening</b> Dr Natalie Jovanovski, Dr Helen Addison-Smith and Dr Bhavna Middha (RMIT University)	Lecture Theatre
9:50 <sup>AM</sup> - 10:45 <sup>AM</sup>	<b>Opening Plenary Session: Sustainability and Food</b> <u>Chair:</u> Prof Gary Rosengarten and Dr Mahsa Majzooobi (RMIT University) <u>Speakers:</u> Dr Minh Ha (V2 foods), Prof Mike Sissons (NSW Department of Primary Industries), Jarrod Leak (Australian Alliance for Energy Productivity), Prof Asgar Farahnaky (RMIT University), Dr Mirjana Prica (FIAL). This session features a panel discussion that delves into subjects related to sustainability in the food industry, specifically focusing on the holistic view of the food supply chain (including processing and energy, packaging, and transport ) and its effect on planetary boundaries.	Lecture Theatre
10:45 <sup>AM</sup> - 11:15 <sup>AM</sup>	<b>Morning Tea Break</b> ( <i>Poster Session</i> )	Foyer
11:15 <sup>AM</sup> - 1:00 <sup>PM</sup>	<b>Theme 3: Food Innovation and Technologies; Challenges and Opportunities</b> This theme explores the pivotal role of technology in safeguarding our future food with a comprehensive exploration of the challenges and opportunities within the food processing and food logistics sectors. Six speakers, from RMIT and industry, will speak followed by a general Q&A session. <u>Chair:</u> Prof Roger Stanley (University of Tasmania) and A/Prof. Jayani Chandrapala (RMIT University) <u>Speakers:</u> Prof. Charles Brennan (RMIT University), Dr Aida Golneshin (Edlyn Foods), Geoff Gordon (Hela Australia), Katrina Strazdins (Bega Group), Richard Tegoni (Cardia Bioplastics), Sam Oakden (Fight Food Waste).	Lecture Theatre
1:00 <sup>PM</sup> - 2:15 <sup>PM</sup>	<b>Lunch Break</b> ( <i>Poster Session, optional food lab tour</i> )	Foyer
2:15 <sup>PM</sup> - 4:00 <sup>PM</sup>	<b>Making The Food Connection – An Interactive Collaboration Session</b> <u>Facilitators:</u> Prof Xavier Mulet and Archie Haramis (RMIT University) Do you have a hunger to solve a significant challenge, an appetite for new opportunities, or a hankering for breakthrough collaborations? Then this session will surely bear fruit for you. We're bringing together RMIT researchers and external partners to cook up some winning combinations around food, innovation and the future. Chew the fat with researchers and external leaders about the challenges and opportunities that are most important to you, sample a smörgåsbord of possibilities, and leave with a belly full of contacts, ideas and inspiration.	Foyer
4:00 <sup>PM</sup> - 4:15 <sup>PM</sup>	<b>Closing Session and Announcing Poster Winners</b>	Lecture Theatre

# Chewing on some serious food challenges?



Join our online  
poll and tell us  
what you think?

Click on the QR code to access the poll





# SPEAKERS

Speakers are listed alphabetically, by surname.

To connect via LinkedIn, click on the speakers name.

**A**

<b>Dr Helen Addison-Smith</b>	Research Fellow, Design and Social Context, RMIT University
<b>Keren Allen</b>	Community and International Development Consultant, United Nations SDG2 Advocacy Hub
<b>Renata Anderson</b>	Policy and Health Promotion Officer, Women's Health Victoria
<b>Dr Rohit Ashok Khot</b>	Senior Lecturer, Design and Social Context, RMIT University

**B**

<b>Victor Barichello</b>	Chief Executive Officer, Empauer
<b>Dr Jennifer Boer</b>	Postdoctoral Research Fellow, School of Health and Biomedical Sciences, RMIT University
<b>Prof Charles Brennan</b>	Chief Scientific Director, Food & Nutrition Innovation Hub, RMIT University
<b>Prof Linda Brennan</b>	Professor, School of Media and Communication, RMIT University
<b>Dr Penny Brotja</b>	Lecturer, Nutrition, Sensory and Food Technology, RMIT University
<b>Prof Michael Buxton</b>	Emeritus Professor, Centre for Urban Research, RMIT University

**C**

<b>Prof Alec Cameron</b>	Vice-Chancellor and President, RMIT University
<b>A/Prof. Jayani Chandrapala</b>	STEM College, School of Science, RMIT University

**D**

<b>Dr Stephanie Damiano</b>	Manager, Butterfly Body Bright, The Butterfly Foundation
<b>Kelly Donati</b>	Senior Lecturer in Australia's first Bachelor of Food Studies, William Angliss Institute
<b>Emily Dunstan</b>	Chief Growth Officer, Sustainability Victoria

**E**

<b>Gordon Edwards</b>	CEO, Health Food Symmetry
<b>Prof Rajaraman Eri</b>	Associate Dean, School of Science/STEM College, RMIT University

# SPEAKERS (con't)

F

<b>Prof Asgar Farahnaky</b>	Professor, Food Technology and Innovation, RMIT University
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G

<b>Prof Lisa Given</b>	Director, Social Change Enabling Impact Platform, RMIT University
<b>Dr Aida Golneshin</b>	Business Innovation Manager, Edlyn Foods
<b>Prof Robin Goodman</b>	Emeritus Professor, Urban Planning, RMIT University
<b>Geoff Gordon</b>	CEO Hela Australia

H

<b>Dr Minh Ha</b>	Science and Technology Manager, V2 Foods
<b>Archie Haramis</b>	Design Thinking Lead, Research and Innovation, RMIT University
<b>Dr Maria Hoertrich</b>	Head of Quality, Monde Nissin

I

<b>Prof Catherine Itsiopoulos</b>	Dean, School of Health and Biomedical Sciences, RMIT University
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J

<b>Dr Snehal Jadhav</b>	Lecturer, Food Safety, Deakin University
<b>Dr Natalie Jovanovski</b>	Vice Chancellor's Senior Research Fellow, STEM College, RMIT University

K

<b>Dr April Kartikasari</b>	Postdoctoral Research Fellow, School of Health and Biomedical Sciences, RMIT University
<b>Emil Kroell</b>	Technical Specialist at Stop Food Waste Australia

L

<b>Dr Steve Lapidge</b>	CEO at Fight Food Waste
<b>Jarrold Leak</b>	Chief Executive Australian Alliance for Energy Productivity
<b>A/Prof Simon Lockrey</b>	School of Design RMIT University and Fight Food Waste CRC

M

<b>Dr Bhavna Middha</b>	Research Fellow, Centre for Urban Research, RMIT University
<b>Mar Moure</b>	PhD Candidate, University of Copenhagen
<b>Prof Xavier Mulet</b>	Director, Advanced Materials, Manufacturing and Fabrication Enabling Impact Platform, RMIT University

# SPEAKERS (con't)

**O**

<b>Sam Oakden</b>	Head of Australian Food Pact at Stop Food Waste Australia
<b>Dr Rebecca Olive</b>	Vice Chancellor's Senior Research Fellow, Design and Social Context, RMIT University
<b>Gabrielle Orr</b>	Health Promotion Practitioner, Better Health Network (formerly Star Health)
<b>Prof Tobias Otterbring</b>	Professor, Department of Management, University of Agder

**P**

<b>Distinguished Prof Magdalena Plebanski</b>	Director, Biomedical and Health Innovation Enabling Impact Platform, RMIT University
<b>Dr Ashleigh Powell</b>	Lecturer, College of Business, Government and Law, Flinders University
<b>Dr Mirjana Prica</b>	Managing Director, FIAL

**R**

<b>Prof Mike Reid</b>	Professor College of Business and Law, RMIT University
<b>Prof Gary Rosengarten</b>	Director, Sustainable Technologies and Systems Enabling Impact Platform, RMIT University
<b>Danni Rowlands</b>	Head of Prevention, The Butterfly Foundation

**S**

<b>Dr Matthew Selinske</b>	Postdoctoral Research Associate, ICON Science Research Group, RMIT University
<b>Dr Henrik Siepelmeyer</b>	Research Fellow, University of Agder
<b>Prof Mike Sissons</b>	Group Leader, New South Wales Department of Primary Industries
<b>Prof Sarah Spencer</b>	Professor, School of Health and Biomedical Sciences, RMIT University
<b>Prof Roger Stanley</b>	Professor of Food Science & Technology, University of Tasmania
<b>Prof Constantino Stavros</b>	Deputy Dean, Learning & Teaching, and Professor of Marketing, RMIT University
<b>Dr Regine Stockmann</b>	Principal Research Scientist/Engineer, CSIRO
<b>Katrina Strazdins</b>	Group Manager – Nutrition, Bega Group

# SPEAKERS (con't)

<b>T</b>	<b>Richard Tegoni</b>	CEO Cardia Bioplastics
	<b>Kim Tikellis</b>	Group Manager Nutrition & Health at Coles
	<b>A/Prof Peter Torley</b>	Assistant Associate Dean, School of Science, RMIT University

<b>V</b>	<b>Dr Nuwan Vithanage</b>	Research Scientist, CSIRO
	<b>Dr Oliver Vodeb</b>	Senior Lecturer, Communication Design, RMIT University

<b>W</b>	<b>Dr Carolynne White</b>	Participation and Co-Design Manager, Mind Australia
	<b>Louise Wigg</b>	Director, Body of Wellbeing
	<b>Dr Sanjeewa (Prad) Wijayaratne</b>	Lecturer and Tutor in Marketing, RMIT University

<b>Y</b>	<b>Dr Yang Yap</b>	Lecturer in Psychology, RMIT University
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<b>Z</b>	<b>Assoc Prof Zhen Zheng</b>	Associate Professor in Chinese Medicine, RMIT University
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